

Informed Consent For The Use Of Hypnosis

The Uses

People make use of hypnosis for various reasons including relaxation, modifying behaviors, focusing attention, controlling pain, improving performance, changing attitudes, and accessing memories.

The Nature Of Hypnosis

Hypnosis is a technique used to assist people into obtaining a trance state. Some characteristics of trance include changes in time perception and/or awareness of physical sensations. During hypnosis most people are aware of the process of becoming relaxed and the focusing of their attention, and experience it as voluntary. In other words, they are aware of what the therapist is saying and know they are free to accept or reject any suggestions given.

Legal Considerations

According to The American Society of Clinical Hypnosis anything remembered during hypnosis ought to be regarded as simply one more source of information that cannot be relied on as more accurate or superior to memories already in conscious awareness, and ought to be evaluated along with that which was previously known.

In many jurisdictions courts have ruled that a person who has been hypnotized cannot testify about what was recalled during trance or in some cases even after. If you have any concerns about how using hypnosis may affect a current or potential legal matter then you ought to consult with an attorney prior to undertaking any hypnosis.

Release From Liability

In consenting to hypnosis I hereby agree I do not have a cause of action against Mic Hunter based on his professional and competent use of hypnosis. By signing this document I am agreeing to voluntarily undergo hypnosis. I agree to release and hold harmless Mic Hunter from any claims or liabilities arising from the use, or inability to use, my recollections, the therapist's notes, audiotapes or videotapes of sessions, or any other limitations on my, or the therapist's, testimony in a forensic setting. Furthermore, I affirm that I am not currently involved in, nor intend to become involved in, litigation related to any of the matters I will be addressing during hypnotherapy.

I agree not to listen to any recordings made of any sessions while driving an auto or engaging in any other action that would put me in danger.

Signature _____ Date ____ / ____ / ____